

## 21 Questions about Death

Is death simple?

What is it all about?

Is this a moment in time, or every moment in time?

Are you living to die gracefully?

Does death scare you or is it a journey?

It's not a fear of death - it's the process of ageing.

What is a good death?

What happens after death?

Can we connect with the dead?

How do we integrate those who have died into our lives?

What is grieving?

How do we grieve?

How important is death?

Does death discriminate?

Does death require a "self"?

Which is more terrifying: death of yourself or that of a close one?

Does fear of death prevent you from fully living?

Is death simple or is it a wider question of eternity?

Does the end of the world matter for our lives?

How can awareness of death help me to live?

Is every moment in life like this moment?

What is the definition of existence?

Are there more questions to ask? Good.

That means I'm alive.

What would life be, without questions?

What would it be, without death?

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